

Activities & Services 2022



**HARRISON COUNTY
SENIOR CITIZENS' CENTER, INC.
500 W. MAIN STREET
CLARKSBURG, WV 26301
304.623.6795
www.hcscwv.org**

Activities

The senior center has various activities for socialization, fun, and fitness. These activities are open to all members of the main center and satellites. Call the senior center at 304.623.6795 for more information on activities or group meetings.



- **Bingo Fun Club**
Every Tuesday from 12:30 pm to 2:45 pm in the Ballroom
- **Bingo in the Café (Coverall)**
Every Thursday at 12:15 pm in the Kinley Café
(*Special games on other occasions*)
- **Bingocize Class**
Every Tuesday from 12:30 pm to 2:45 pm in the Ballroom
- **Book Club**
Normally on the third Wednesday of the month from 12:30 pm to 2:30 pm (or as scheduled) in the Boardroom
- **Card and Game Playing in the Café**
Available daily in the Kinley Café for anyone wishing to start a group (*Card and game supplies available*)
- **Ceramics Class**
Every Monday & Thursday from 8:30 am to 3:30 pm, and Wednesday evening from 4 pm to 8 pm
- **Computer Lab**
Available daily from 8 am - 4 pm in the Annex
- **Exercise Group**
Every Monday and Friday from 10:30 am - 11:15 am in the Ballroom
- **Fitness Room**
Available daily from 8 am - 4 pm
- **Kinley Café**
Lunch service daily from 11:30 am to 12:45 pm, Breakfast from 8:30 am - 9:30 am on Monday,



- **Line Dancing Group**
Every Monday from 3 pm - 4:30 pm in the Ballroom
- **Puzzle and TV Room**
Available daily from 8 am - 4 pm, puzzles and books are available to borrow
- **Senior Olympics Practice**
Normally on Thursday afternoon or as scheduled
- **Tai Chi Class**
Every Tuesday and Thursday from 10 am to 11 am in the Ballroom
- **Various Activities Groups**
Special groups for activities such as going to plays, movies, or other special outings
- **Toning Exercise Class**
Every Tuesday and Thursday from 9 am to 10 am in the Ballroom

Members may do exercise walking in the Ballroom when it is open and not in use.



Groups that Meet at the Senior Center

Alzheimer's Support Group - Meets on the 2nd Thursday of the month at 10 am in the Boardroom

HCSCC Board of Directors - Meets a minimum of six times a year

North Central Walk to End Alzheimer's - Meeting times vary depending on activity

Satellite Presidents Council - Meets quarterly, normally after an HCSCC Board meeting

Seniors on the Go Travel Club - Normally on the 2nd Monday of the month at 1 pm

Sewing Group - Normally on the 1st Wednesday and 3rd Tuesday of the month at 9 am to early afternoon

Stonewall Jackson Coin Club - Normally on the 3rd Tuesday of the month at 5:30 pm

Satellite Activities

The senior center has 12 community satellite groups that meet weekly or monthly on various days and times. Each satellite group determines their officers, meeting schedule, and activities. Call the senior center at 304.623.6795 for satellite contact information.

- **Bridgeport**
Meets 3rd Monday of the month at 10:30 am, Benedum Center
- **East View**
Meets 1st Friday of the month at 12 noon, Bingo on other Fridays at 1 pm, Community Center
- **Johnstown**
Meets 2nd Wednesday of the month at 10 am, Community Center
- **Lost Creek**
Meets 1st Wednesday of the month at 10 am, Ceramics and cards on other Wednesdays, Community Center
- **Lumberport**
Meets 2nd Friday of the month at 11 am, United Methodist Church
- **Marshville**
Meets 4th Tuesday of the month at 11 am, Kinley Café
- **Mt. Clare**
Meets 3rd Tuesday of the month at 11 am, Mt. Clare Fire Department

- **Sardis**
Meets 1st Thursday of the month at 10:30 am, Community Center
- **Shinnston**
Meets every Friday at 10:30 am, American Legion Building
- **Spelter**
Meets 3rd Thursday of the month at 12 noon, Spelter Volunteer Fire Department
- **Wallace**
Meets 2nd Thursday of the month at 10 am, United Methodist Church
- **West Milford/Good Hope**
New Meeting Day and Time To Be Determined,
Community Center

All satellite members are also members of the main center. Satellite groups set their own policies, agendas, and activities. Satellites receive levy funding directly from the Harrison County Commission.



SERVICES

Food Box Services

Call 304.623.6795 for additional information on our food box programs, or leave your name and phone number to be called.

Monthly Mountaineer Food Bank (MFB) Senior Nutrition Mission Box. Must be 60+ years old and meet monthly income guidelines.



Governor's Feeding Assistance Program. One person in the household must be at least 60 years old. This is a 5 meal, shelf stable food box (light type meals). Each person in the household will receive a box.



Pantry Food Boxes. You need to call 304.623.6795 to request a box. These are primarily emergency food boxes for any age that meets the income guidelines.

MFB Retail Food Distribution. Local retailers donate food that is picked up weekly for distribution to seniors in the community. Distribution delivery is scheduled to senior high rises and low-income neighborhoods on a regular basis. Call the center to see if your area is serviced.

IN-HOME SERVICES

In-Home caregiving is provided to seniors to assist them with activities of daily living (meal preparation, grocery shopping, bathing, dressing, light housekeeping, and laundry). This service is provided for a few hours a day, up to 5 days per week, Monday through Friday, to help seniors remain in their own homes with assistance.

There are several State and Federal programs available. Call the center and ask for In-Home services to see what programs you qualify for based on individual needs and current income.



Caregivers have received Direct Care Worker training and have certifications in CPR and First Aid. All caregivers are fingerprinted and have been background checked and screened through WV Cares.

TRANSPORTATION

“Curb to Curb” scheduled transportation services are provided primarily for seniors age 50 and over, and the disabled of any age. Available slots fill up quickly so it is important to call in advance to schedule your ride. In-county transportation is donation based. Out of county trips are fee based, but may be reduced by the director depending on your financial/income situation. Transportation services include rides to:

- Medical Appointments
- Grocery Shopping
- Pharmacy Trips
- Barber or Beauty Salon Appointments
- Physical Therapy
- Dialysis
- and other needs

Call the office at 304.623.6795 and ask for transportation services.



Services, Cont'd#

The senior center has additional services, some that are only during certain times of the year.

Regional SHIP Counselor for Medicare Information

Call Braxton Co. Senior Center at 304.765.4090

WV Senior Legal Aid

Call 1.800.229.5068 or email
seniorlegalaid@yahoo.com

AARP Tax Aid Volunteers

Days and times vary depending on availability
Usually during February, March & April

Senior Farmers Market Nutrition Program

Also known as "Produce Vouchers"
Normally available June - October, income based

Farmers Market at the Senior Center

Usually on Tuesday mornings from July -
September

Mobile Office Hours (Call for schedule)

Clarksburg-Harrison Library Representatives
WV Attorney General's Office Representative
US Senatorial & Congressional Representatives

"In Sight" Magnifier for Vision Impaired

Machine located in the Puzzle/TV Room

Information

Bulletin Board with senior housing information
Staff provided information on a variety of topics
and services in the area (*Scams, Delivered Meals,
etc.*)

Visit Us on Facebook

Harrison County Senior Citizens Center

Website

<http://www.hcscwv.org/>